

Hood River County Parenting Education Opportunities Winter/Spring 2008

...for parents, caregivers, and child care providers

“Make Parenting a Pleasure”

Moms, dads and child caregivers will enjoy learning to motivate their children, set limits, reduce stress, learn positive approaches to discipline, and improve family relationships. They also will have the opportunity to share the joys and challenges they are experiencing, as well as learn the most current information about parenting. **The classes are for parents and child caregivers of children ages 1 year to 8 years.**

Facilitator: Nancy Johanson Paul

Place: Westside Elementary School
3685 Belmont Dr.
Hood River, Oregon

Dates: Tuesdays beginning
Feb. 26– May 6th

Time: 5:15-7:45pm

Sessions: 10 weeks

Food: Free dinner for parents and
Children

Childcare: For children 6mo.-9 years.

Limit: 20 adults
(minimum 10 to start class)

Register: Pre-registration is due by
Feb. 22

Fee: \$25 per family for entire session
(scholarships are available)
(\$30 gift card for each adult
who attends a minimum of 7
out of 10 classes).

**For more information or to register
call: Barb Cooper (Secretary) at
Westside Elementary School
541-386-1535**

“Positive Discipline for Toddlers and Preschoolers”

Learn skills for gently and firmly guiding your child. Explore ways to set boundaries, provide guidance, be consistent, and learn how to use discipline parenting techniques that make parenting much easier and more enjoyable. Find out about the developmental stages of your children and see how this relates to what discipline techniques are the most effective. **The classes are for parents and child caregivers of children ages 18mo. to 5 years.**

Facilitator: Dee Ann Bohn
Child Care Provider (16yrs.)

Place: Frankton Early Childhood Center
455 Frankton Rd.
Hood River, Oregon

Dates: Thursdays, Feb. 21& 28
March 6 & 13

Time: 6:00-7:30pm

Sessions: 4 weeks

Childcare: For children 6 mos.-9 years

Limit: 20 (minimum 10 to start class)

Register: Pre-registration is due by
February 18th

Fee: \$10 per family for entire session

**For more information or to register
call: Nancy Johanson Paul,
New Parent Services at 541-308-2236
nancyp@nextdoorinc.org**



“Haga de la Paternidad un Placer” (“Make Parenting a Pleasure”)

Pine Grove Head Start
Clase Para Padres en Español

Las mamás y los papás disfrutarán aprendiendo como motivar a sus niños, fijar límites, y mejorar sus relaciones con sus hijos. **Para los padres con niños menores de 9 años.**

Facilitador: Pilar Basile

Lugar: Pine Grove Head Start
(2415 Eastside Rd. Hood River)

Fechas: Martes Febrero 19 – Abril 29

Horario: 5:30-8:00 de la tarde

Sesiones: 10 semanas

Comida: Cena gratis para su familia

Cuidado de niños: de 6 meses de edad hasta
9 años-gratis

Limite: El espacio es limitado a 20 adultos
Inscripción: Se requiere inscripción antes
de Febrero 15

Cuota: \$25 por familia por las 10 sesiones
(veces disponibles) (Se dará una tarjeta de
regalo de \$30 dólares a cada adulto que asista
a menos 7 de 10 sesiones de clases)

**Para más información:
Pine Grove Head Start
Rosie Manzo
541-386-1955**

“Children in the Middle”

An interactive, skill-based program for parents in a transitional relationship. Parents can discover new insights that will help themselves and their children cope with difficulties of a divorce or separation.

***Classes offered monthly**
(Spanish classes offered as needed)

For more information contact:
Family Law Coordinator, Kathy McLoughlin
in The Dalles at: 541-506-2707 or

Your child's
first teacher
is...
YOU



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*Hood River County's
Parenting Program is run by
New Parent Services,
a program of The Next Door*
212 2nd St.
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Hood River, Oregon 97031
(541)308-2236

